

POLAR PLUNGE



WAIVER

.....
Name

.....
Address

.....
City / Town

.....
Postal Code

.....
Telephone

.....
Work Telephone

.....
Fax

.....
Email

I'M FOOLISH ENOUGH TO GO JUMP IN THE LAKE SO... COUNT ME IN!

To register, you must complete this form and return it by fax, mail or online at www.polarplungecanada.com
Please print clearly and don't forget to sign the bottom!

PLEASE RETURN TO:
97 DAFOE RD
WINNIPEG, MANITOBA
R3T 2N2

Terms & Agreement: \$20 Registration Fee per person (waived with \$100 in donations)

WAIVER AND RELEASE OF LIABILITY:

By signing the present document, I acknowledge that the Manitoba Polar Plunge is an activity that will require me to immerse myself in extremely cold water. As such, I realize that I may react in an unexpected and possibly adverse way to the water temperature. Person(s) with any heart condition can NOT participate. I attest that I am physically fit and prepared for this event. Consequently, I hereby waive all claims for any injury I might suffer in this event against Special Olympics Manitoba, the Province of Manitoba, City of Winnipeg, the Manitoba Polar Plunge Sponsors, Event Organizers or any personnel related to the event. Furthermore, I grant full permission to the organizers of the event to use any and all photographs or video recordings of me as well as any quotations emanating from me during the event in legitimate accounts and future promotions of this event.

.....
Signature

(MUST be 18 years of age or older to participate)

MANITOBA POLAR PLUNGE:
WWW.POLARPLUNGECANADA.COM
PHONE: 793.2340 OR FAX: 257.8285